

UN-RETIREMENT

— THE NEW ATTITUDE —



SPRING 2013

Volume 1 • Issue 4

A Runway Success

It all started on a crisp Fall day, with a group shopping excursion to a Toronto fashion boutique called Marilyn's on Spadina Avenue in the Fashion District.

A group of ladies from The Dunfield spent the day trying on bold prints, vibrant colours and beautiful fabrics. They enjoyed the experience so much that they wanted to share it with the other residents by holding a Fashion Show at The Dunfield. → P.3

ARTS & CREATIVITY
MEMORY WALK
DUNFIELD
CAMBRIDGE

SEE US *inside*



Models (from left):
Grete Strobach, Pat Jones, Margaret Hennessy, Barbara Woods,
Minnie Snitzer.



Marion Orser

THE ART OF SILK SCARF PAINTING



Pearl Mekler shows her creation

The Dunfield always encourages family involvement and Nancy Watson is a perfect example. Wanting to be able to become involved in activities with her mother Pat, a resident at The Dunfield, Nancy volunteered to teach Silk Scarf painting. Silk Scarf painting is easy to do and residents can see results quickly and be proud of what they have accomplished.

Since its inception, 27 residents have completed 60 scarves and one man's tie. Their works of art can be seen displayed in various areas of The Dunfield. Nancy has been able to bring out hidden talents of our residents and give them the freedom to express themselves.



RESIDENT TALENT JACK CARR



Jack Carr has an amazing artistic talent with incredible attention to detail. Perhaps, this stems from his life as a chemical engineer.

Jack uses his drawings for personal greetings and holiday cards to keep in touch with friends and family. Prior to moving into The Dunfield, Jack had viewed other residences.

He enjoyed how accommodating our staff was, and found the layout and décor to be very attractive, but what sold him was the view from his window.

As an active member of **The Arts and Letters Club of Toronto**, a graduate of **Ontario College of Art**, and a former volunteer at the **Art Gallery of Ontario**, art is very much a part of Mr. Carr's daily life.



FASHION SHOW CONTINUED



Marilyn was approached and was delighted to organize an event that was held on November 28, 2012.

Seven of our residents had their hair and makeup done in our Spa and truly felt like real models. Marilyn herself was the Mistress of Ceremonies and described the outfits she had supplied from her boutique, and demonstrated how one could accessorize to go from day to evening wear.

The event was extremely successful with over 80 residents attending. They also had an opportunity to shop for items that Marilyn brought to the show.

Marilyn Wetston also hosts a radio show "From A Woman's Perspective" every Saturday morning at 8 - 9 am on AM740.



PROUDLY SHOWCASING THE WORKS OF MRS ATKIN-GOODIS



Our Spring newsletter continues the tradition of showcasing the many talents of our residents. Mrs. Atkin-Goodis, a recent arrival to The Dunfield, is no exception. She is very humble about her talent and rarely speaks about her skill, but you can't help but admire the beautiful jewelry that she wears. Her pieces are all handmade, a skill that she has crafted for over thirty years.

Deriving a great deal of satisfaction from each completed piece, she is inspired by nature and family events. Whether it be jewelry, hand bags or special embroidered pieces, they are all "works of art". Mrs. Atkin-Goodis continues to be an active member of The Toronto Stitchery Guild and Pomegranate Guild. While many of her pieces hold sentimental value, she has graciously donated many of her works to raise money for a variety of charities.



THE DUNFIELD SUPPORTS THE 23RD ANNUAL ALZHEIMER'S WALK FOR MEMORIES EVENT

On January 26th 2013, thousands gathered at The BCE Place in the Allen Lambert Galleria for a very worthy cause – *putting an end to Alzheimer's*. Very visible at this event, for the 3rd year in a row, were residents and staff from The Dunfield. This year we are proud to say that \$12,000 was raised by our group. Thank you to all who participated and donated! For more information on this annual event go to www.walkformemories.ca

DUNFIELD CAMBRIDGE OPENING THIS JUNE



As the saying goes “*There comes a time when only the best will do*”. This certainly applies to The Dunfield’s newest retirement residence in Cambridge, which continues its commitment to Un-Retirement living, which has been so successful at the Toronto location.

The Dunfield Cambridge offers an exceptional variety of luxury apartment-style residences designed to cater to a broad range of residents and lifestyle options including independent living, assisted living and memory care suites. Based on principles of enthusiastically enjoying life every day with a full range of in-house amenities including a fitness centre, indoor pool and spa. With an extensive calendar of purposeful and meaningful activities residents are encouraged to live to their full potential regardless of their age.

Equally noteworthy, is the freedom of choice residents will enjoy including a variety of dining venues as well as open seating and flexible dining times.

Located in a beautiful residential area of Cambridge, The Dunfield is close to many desirable amenities and only a 60 minute drive from Toronto. Registrations are now being accepted for June occupancy.

Call Nella at: 1-519-624-1212

It's Showtime In Cambridge

Being active within the community, The Dunfield Cambridge is strongly supporting the arts by being the Principal Sponsor of the new Dunfield Theatre. The new 500 seat theatre had its inaugural performance of *Mary Poppins* on March 6th which was attended by some of our Toronto residents dressed in period piece costumes. Their presence made a significant impact on the Theatre’s opening festivities.



THE DUNFIELD UNRETIREMENT RESIDENCE
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