

UN-RETIREMENT

— THE NEW ATTITUDE —



SUMMER 2015

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Summer Fun ON THE TERRACE

The Dunfield's Dining Room terrace is a popular setting throughout the summer. Whether you are attending one of our famous BBQs or enjoying a glass of wine by the outdoor fireplace, we know you will enjoy this lovely private area. This area features comfortable furniture, landscaped gardens, and is on a quiet residential street. You will look forward to hosting your friends and family.

DISCOVER FLAVOURS
FAVOURITE THINGS
DUNFIELD CAMBRIDGE

SEE US *inside*



Discover Flavours



Whether it's **Mother's Day, Father's Day, Family Day, Grandparent's Day**, or any other holiday... The Dunfield is having some sort of brunch or buffet to enjoy the occasion. Even on a regular day, our menus are something to celebrate.

Each and every day there are three lunch and three dinner specials to choose from. There is also an a la carte menu offering for every meal.



RESIDENT FLAVOURS

MARNY LOACH'S BEST BANANA BREAD RECIPE

At The Dunfield, you may see a resident carrying some not-so-ripe bananas under her arm. She has a secret. She is capable of making what may be the best banana bread in the whole world, maybe even the universe! If you've tried the banana bread in our bistro, chances are *Marny* has supplied the recipe. We consider our readers as family, and so *Marny* has given us the privilege of sharing her recipe with our Dunfield family. These freeze beautifully!



INGREDIENTS

- 2 Cups Sugar (500 ml)
- 1 Cup Butter (250 ml)
- 6 Ripe Bananas – Mashed (3 Cups)
- 4 Eggs – Well Beaten
- 2 ½ Cups Cake Flour (625 ml)
- 2 Tsp Baking Soda (10 ml)
- 1 Tsp Salt (5 ml)

METHOD

Preheat oven to 350°. With electric beater, cream butter and sugar until light and fluffy.

Add bananas and eggs and beat until well mixed. Sift dry ingredients three times. Blend with banana mixture but do not over mix.

Pour into two lightly greased loaf pans. Bake 45 minutes to 1 hour. Test for doneness.

Cool on rack for 10 minutes before removing from pans.



THESE ARE A FEW OF OUR FAVOURITE THINGS



OPPORTUNITIES TO GIVE BACK
Initiatives like the Alzheimer's Walk for Memories. We raised over \$33,000 as a team!

We asked our residents why they love the Dunfield and they listed some of their favourite things about living here.



ART CLASSES
Watercolor, pottery, jewelry making etc.



OFF SITE DINING EXCURSIONS
Our residents experienced Auberge du Pommier for Winterlicious luncheon.



ON SITE MUSICAL PERFORMANCES
Such as jazz trios, student performers.



AMENITY AREAS
Libraries, a Movie Theatre, and dining!



AGA KHAN MUSEUM

DISCOVER ADVENTURE RESIDENT EXCURSION TO THE AGA KHAN MUSEUM

Residents went on an enlightening trip to the **Aga Khan Museum**, which many found to be very educational. The museum's aim is to offer unique insights and new perspectives into *Islamic civilizations*. It wishes to act as a catalyst for mutual understanding and tolerance. Residents spent the day exploring and had a fantastic tour guide to show them around.



RESIDENT FEATURE

NOT FROM TORONTO? NO PROBLEM!

Although the majority of our residents are Torontonians, we are finding that by word of mouth the news about our unique lifestyle is spreading far and wide. Below you can read about a resident who was not from Toronto but chose to move here to be closer to family.

Meet Gerry Weiser: Mr. Weiser (*top right photo*) moved to The Dunfield in November of 2013 from Montreal. His daughter, Nancy, is a yoga instructor at The Dunfield and thought that her father would fit right in with the active, independent residents that live here.

Are you worried about being 'the new kid' at The Dunfield? We have a Welcoming Committee that will show you the ropes of activities, excursions, and join you for meals should you choose to have some company. The new resident Mix & Mingle (*bottom right photo*) is another great way to introduce yourself and meet your new neighbours.



DUNFIELD CAMBRIDGE

CATCHING UP WITH OUR SISTER LOCATION



The Dunfield legacy continues with our sister property in Cambridge. The building has been open just over two years and the residents of Cambridge and surrounding areas are discovering The Dunfield Difference.

Programs at the Dunfield are always meaningful, purposeful, fun and engaging. We encourage residents to step out of their comfort zone and to try new experiences on and off site.

Located in a beautiful residential area of Cambridge, The Dunfield is close to many desirable amenities and only a 60 minute drive from Toronto.

Suites still available!

For information on The Dunfield Cambridge, please call 1-(519)-624-1212



THE DUNFIELD UNRETIREMENT RESIDENCE
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