

UN-RETIREMENT *the new attitude*

SPRING 2012 NEWSLETTER

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*Re-United
Here After
70 Years!*

April, 1941

*Look inside for
our recent photo*

BACK TO THE FUTURE

When six teens – Lou Wise (19) and his date Lillian Weinberg (18), Sam Seligman (19) and his girlfriend Fran Shapiro (17) and Billy Rosenberg (19) and his girlfriend Vivian Lurie (17), spent a leisurely afternoon in Toronto's High Park back on April 6, 1941, who could have guessed that the three girls would meet again some 70 years later at The Dunfield! A picture taken that day and saved by Lillian, inadvertently surfaced a short time ago during a passport hunt. As Lillian studied the photo, memories flooded back and she realized that one of the girls in the photo is a resident at The Dunfield too!



Yesterday



THE FUTURE IS NOW!

She approached **Vivian Rosenberg** with the photo. Vivian barely recognized herself except for the lovely tailored jacket and the great “gams” she was known to have! The two women shared a warm reunion.

Lillian showed us the photograph and we contacted **Fran and Sam** and invited them for lunch at The Dunfield. Fran had actually visited The Dunfield several times for bridge and other meetings and gatherings and Sam had recently checked in as a guest for a mini vacation enjoying the resort-like environment and the company of friends living here. While both Fran and Sam had crossed paths with the “girls” over the years through mutual friends, they enjoyed a lovely afternoon at The Dunfield and a new picture of the three women – taken 70 years after the original, made a fitting keepsake for this delightful reunion.

The Dunfield, with its strong emphasis on social programming and events, provides an ideal venue for making friends and meeting up with old ones.



Still chic and stylish after all these years

Today

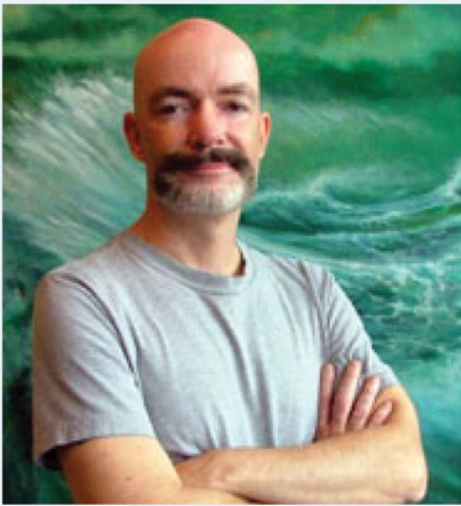


NEW AT THE DUNFIELD SPA- COUPLES MASSAGE



Anyone can participate in couple’s massage – it’s simply two people undergoing massage in the same room, at the same time with two different therapists. Husbands and wives, girlfriends and boyfriends, moms and daughters or best friends – can all enjoy the benefits of a relaxing massage together. It’s a great way to introduce a novice to the benefits of massage with the reassurance of a partner or friend at their side. It also can facilitate a new level of intimacy in a completely relaxing, rejuvenating environment. Couple’s massage allows you to enjoy the deeply restorative treatment with someone you really care about. Call Idoya today to book this wonderful new service!

ART APPRECIATION. IT'S IN YOUR HANDS



At Jay Dampf's art classes, residents are encouraged to come as often as they like, with no restriction on the number of classes they can attend.

There is no theme to these classes. Here there is only one goal – express your love for art. Jay is on hand to help improve technical proficiency and expand creative abilities. His background in the advertising and design field as well as his education in art at Toronto's Central Technical School and George Brown College's Fine and Commercial Arts program, provides him with a special gift for helping students develop their own styles.

The Dunfield has hosted several art shows featuring original artwork by the many resident artists living at The Dunfield.



SUMMERLICIOUS AT HOME

At The Dunfield you always have an option of dining in our fabulous dining room or cooking in your own full kitchen in your suite. Many of our residents appreciate this option – allowing them to continue to cook and bake their favourite recipes or try new ones, like these refreshing summer soups.....Bon Appetite!

Cold Summer and Yogurt Soup

What you will need:

- A small pickling cucumber
- A grating of fresh ginger
- 1 scallion
- A generous sprinkling of chopped chives and fresh dill
- 2/3 cup chicken broth
- 1/4 cup plain whole-milk yogurt

Peel the cucumber, and cut into chunks. Trim the scallion of coarse outer leaves, keeping the tender green: chop it and the white part into rough pieces. Put the cucumber and scallion along with the chicken broth and yogurt in a blender. Season with salt, pepper and ginger and pour into chilled soup bowls and sprinkle with herbs.

Blueberry Soup

What you need:

- 3/4 cup blueberries
- A few drops of lemon juice
- 1 1/2 tablespoons maple syrup
- 3/4 cup half and half
- 2 tablespoons orange juice
- Pinch of ground cinnamon

Put everything, except the lemon juice and half and half into a small saucepan. Heat, and when it comes to a boil remove from the heat and puree in a food processor or blender. Add lemon juice to taste, and chill. Just before you're ready to eat, stir in the half and half, and then pour into chilled bowls.

Cold Watermelon Soup

What you will need:

- A piece of watermelon (approx. 1 lb.)
- 1 scallion
- 1/2 lime
- 2 tablespoons Chablis
- A sprinkling of fresh chopped mint

Cut the watermelon into chunks and save two melon ball scoops for garnish. Trim the scallion, chop roughly. Puree in the blender the watermelon, scallion and wine along with several drops of lime juice. Turn into a chilled bowl and garnish with the watermelon balls and mint leaves.





Thumbs up and ready to go



Having some fun

ZOOM AND GLAMOUR AT THE DUNFIELD

Nascar - The Dunfield hosted its second annual go karting event this year. Participants had an amazing time as they raced one another in a spirit of friendly competition. For some this was their second time around for others their first. Everyone agreed that go karting is definitely a fun unique experience even for those who attended just to cheer their friends on from the stands. Congratulations to the winners: first place, **Walter Bernat**; second place, **Grete Stroback**; third place, **Hughie Hopkins**; and fourth-place, **Ilse Verwey**.

Dunfield Oscar Party - In honor of the Academy Awards, The Dunfield hosted an Oscar themed evening in true Hollywood style. Residents were dressed to impress as they walked down the red carpet to attend a formal dinner and a night of glamour.

Each received a ballot to vote for their favorite candidates. The ballots were collected prior to the Show and prizes awarded to the top three winners for the most correct answers. Kudos to Bridget Lawson, John Duncanson and Louise Sleinin.

TECHNOLOGY TRENDS! CONNECTING YOU TO TODAY



For over a year, Mrs. Anne Crawley has been learning computer skills one on one from Dunfield **techie Ryan Taylor**. Before they met, Anne had no computer skills whatsoever. She now emails her son in California and her friends in the city. Ryan has also helped her learn to use her iPad which she uses to read the daily news. But her greatest

accomplishment is the production of great looking presentations that she creates to introduce operas at The Dunfield's Opera on Film programs. This is just one example of the many fine programs offered to residents at The Dunfield. The Dunfield difference is obvious in the scope of programs and activities available as well as the quality of the programming.



THE CLASSIC TERRACE OPENING SOON!

Join us for drinks and dining on the Classic Outdoor Terrace this summer. Our team has been busy preparing summer menu choices that will surely appeal to all the BBQ lovers! At The Dunfield, you don't have to wait for a special occasion to have lunch al fresco or dinner fireside under the stars.

